

# Exploring fatigue as a social construct

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## Propositions

### **Exploring Fatigue as a Social Construct**

#### Implications for Work Hour Reform in Postgraduate Medical Education

**Taryn Suzanne Marie Taylor**

1. Efforts to manage fatigue in health care providers will fall short unless such efforts address fatigue as a social construct (this thesis)
2. Just as the work performed by medical trainees is multi-faceted and complex, so too is the way in which they recover postcall (this thesis)
3. Work hour regulations do not solve the problem of fatigue (this thesis)
4. Participants will grapple explicitly and deeply with taboo subjects in well-crafted qualitative interviews (this thesis)
5. If sleep does not serve an absolutely vital process, it is the biggest mistake the evolutionary process ever made (Allan Rechtschaffen)
6. ...sometimes consensus can approach ideology and thus become more of a chant of faith or weltanschauung than a reflection of social reality (Frederick Hafferty)
7. Ring the bells that can still ring. Forget your perfect offering. There is a crack in everything, that's how the light gets in (Leonard Cohen)
8. New truths begin as heresies (Thomas Henry Huxley)
9. The most damaging phrase in the language is "We've always done it this way!" (Rear Admiral Grace Murray Hopper)